

1. When I was born, what were the social expectations for a person of my identity?

I am the first born of my mother. My dad is married to 4 wives and with 23 children among those 12 are boys and 11 girls. I have one primary brother and three sisters. I have 10 step brothers and 9 step sisters. My mother was married in number three sequence among those wives. As a first born son, I am considered to be the head of my mom's family if my dad is away. In my society, as a son my job is to look after cattle, sheep, goat and many other domestic animals.

As a well brought up son, my dad expects me to behave and follow his footsteps to lead the family. He wanted me to listen to him more than I do to my mom because a son has to learn from his dad. My dad says that I need to be brave and well-equipped to defend the family from outside problems.

2. When I was a teenager, what were the norms, values, and gender roles supported within my family, by my peers, in my culture, and in the dominant culture?

I am from a Dinka Tribe in Southern Sudan. As a Dinka male, my values are to respect what elders say. I grew up to be very loving and attentive to follow and do what is expected from me by my parents. My adulthood was marked through initiation, where all the members from my clan came together to celebrate my stage development. After this stage of initiation, I began to travel and interact with other peer groups. My dad took great care of me. He arranged and negotiated my wedding prizes. I went back home in May of 2005 and got married. He was happy to see me and chose my married wife. I would carry on these values to my children and I promise to do everything possible for them to appreciate me.

3. How was my view of the world shaped by the social movements of my teenage years?

I was so lucky to be born and raised up from a big family. My dad was famous during his time. He was a farmer and a great cattle keeper. I had good time interacting and becoming more like my dad until today. I am happy to be a first born and take the lead. I remember the good things my father did to me. He was my role model. I believe he wanted me to grow up and be the lead of my family like he did. I am so happy to take on what I learned from my father. My father wanted me to be an one of a kind son and attain social behaviors to reach the world.

4. When I was a young adult, what educational and occupational opportunities were available to me? And now?

In fact I didn't go to school until I was 9 years old. Sudan has been a war zone country since 1983. I escaped the war to Ethiopia when I was 5 years old. I had been a refugee for 14 years before I came to the United States. Because of this war I did get a chance to go to school. Now, I am grateful that I made it to come to the United States to attain my educations. I hope to be a helping son to my immediate parents and all other extended families. I came to the United States in June of 2001 and received my bachelors in December of 2006. Now, I am exploring to earn my graduate degree and hoping to move forward by making another attempts to go for a Ph.D.

5. What generational roles make up my core identity (e.g., auntie, father, adult child, grandparent)?

I am 28 years old, married and with 3 daughters. My family came to the United States December of 2008. I am glad my family is here with me and we can see the future of our dreams. My children are easily learning and they will go for their head start school in August.

I am happy to take on this assignment. My plan is to increase the resources of my parents by making sure that I take pride in helping and knowing that I am positively lifting their lives. I believe that a family can be truly successful when you make a difference in their lives. The support I will give to my parents is simply by letting other people know that I am here and I care. I think it is important for me to recognize what my parents did to raise me. It's a great way we see ourselves, meet new generations and be active in the clan. I have selected to write my reflection on research values about bias of violating patient confidentiality. I think values are the truths and mirror image of human existence. Human being lives together and achieves ultimate goals by thinking positively. It is important to know that values help and guide us during our research process. In addition, we must always pay particular attention to fundamental aspect of our research values for thing to do right and maintain the line of our moral standards.

I am interested in this subject matter because we need to know the characteristics of our core values. I am sorry I never violated or crossed over patient confidentiality. But I will share with you what I have come across that has wrongly violated patient confidentiality. It came to my understanding on Friday night, October 22nd, 2010; a patient at the mental health clinic called and reported that an employee has released his treatment records to a family physician doctor that he stopped seeing. Patient was not notified and no release form was signed.

The patient was not happy about the incident. The following morning he came to the clinic and obtained his records. He reviewed his file and all copies of the releases he signed as well as confidentiality agreement form. Patient did not release any information to that doctor. He called the executive director of the agency. He told him that the President will want to meet with him after he fills out the form and sends it back to the agency. As of now, I do not have further information about the progress of the case.

I would let the patient know that his confidentiality has been violated. Also, I would advise him to follow the case and acquire information about the HIPAA violation rights. HIPAA will verify and provide him with appropriate guidelines for his problem. It is important to ensure that your agency respect policies on confidentiality and release of information according to the federal and state laws. To satisfy patients' needs all care providers must be educated on how to maintain confidentiality. Care providers should be aware and understand their responsibilities to keep patient information confidential and secure any violations. As a helping professional, it is my responsibility to report any suspected or an illegal violation of patient confidentiality.

In order to stop this bias, we need to respect our values. These values will help us recognize our concerns by understanding other individual needs. For example, our values involve a relationship and willingness to help other person accomplish his/her individual goals. Moreover, our research values must involve sharing differences, individual needs and expectations which may be helpful to eliminate biases. This study has influenced me on how to work together to develop communication, understanding our needs and provide appropriate choices in our future plans.

Ultimately, I believe we must always seek to offer positive and alternative choices to our society. We must understand our patients' rights of confidentiality and treatment plans. I think medical records should not be released without signature of yourself or a designated caregiver/guardian. On a need to know basis, medical records may be released to another physician or organization upon written request and signature from your primary care physician.