

Analysis of Counseling Profession Paper

My understanding and appreciation for the counseling profession is that engages individuals in life planning and aiming at a psychosocial integration of their abilities, interests, and goals with the work roles structured by the community and occupations organized by skilled counselors. My current recommendation for the profession, potential threats and future growth of counseling is that specialized counselors, with a range of training and credentials academic preferences would be employed to help individuals succeed in schools, colleges, companies, and community agencies who cannot figure out a direction for their lives. Well trained counselors would ever assist diverse clients in various circumstances. Because they have advanced certifications professional counselors would display multicultural competence and promote community integrity. My foremost suggestion in this situation is that professional counselors would consistently work together with their clients providing career services across the life cycle including, but not limited to academic advising, monitoring or coaching and other assistances to help people gain access for life.

On the other hand, my oversight or suggestion is that career counseling profession's strengths, and opportunities would limit the threats that appear to discourage the vision. The strengths identify professional activity and increase levels of public acceptance significantly elevating research activity. The one most important strength is its strong organizational structure and leadership. It would also motivate a widespread commitment to have evidence approach entering to the field. The threat or weak point includes the unreasonable access to put forward counseling services. I think the vision of the counseling profession and future growth and development of the psychotherapy career would work best in this approach. A second strength is

expanding international collaboration across cultures in creating, sharing, and delivering career guidance and counseling theories, materials, strategies, and programs.

Possibly, in the next decade, the counseling profession must strengthen efforts to serve diverse clients in innovative settings and considering the career counseling process that can be used in practice. Moreover, they would need to create new tools that utilize the potential of informational skill that enhance and improve the training offered to counselors to provide an accessible coaching plan. I think this would assist counselors globally seek to internationalize the profession of career counseling.

By supporting my suggestion, “the article discuss this information, the author identifies points of convergence, proposes a mission statement, and summarizes what career counselors seem intent on doing in the coming years. The analysts recommended that the career counseling profession concentrate on 8 objectives: advancing theory that is more holistic, contextual, and multicultural; using accumulated research more effectively; focusing new research on the career counseling process; exploiting technology to construct new tools; ameliorating career counseling training; expanding the National Career Development Association's role; increasing advocacy about public policy; and fostering the international growth of the profession, (Savakis, Sept, 2003).” As long as these opportunities are available to counselors, they would be able to advance their skills and knowledge to perform adequately so clients would receive valuable services.

The threats facing the counseling profession are the reluctance or inability to see counselors not helping individuals struggling with physical or mental disability. I suggest that if the counselors are ever to expand their skills helping others then we must build this society as the best place to live. Another thing that I believe it should promote in equal in the counseling profession is to recruit more persons of different color in the field. It may be either in form of

lack of education or discriminations that would discourage members in the profession to work together to have one common goal, mission and expectation. The counseling profession may not perform adequately if there is a lack of proper training to provide services to clients. Also discrimination in providing affordable services to few individuals would also limited trust of ongoing operation. There are many clients who have mental health issues or physical inability that always seek for help but no one to provide sincere services. To counter these threats would be to make counseling more acceptable and accessible.

People in our society are facing serious problems and they need counseling events to help them pursuit their lives' expectations. There are people who are facing domestic abuse. Domestic violence is significantly, underlying cause of poor health and is well-documented as a serious public health issue. Domestic violence can take many forms including physical, sexual, economic, emotional, social and/or psychological abuse. In addition to being at increased risk for physical harm, victims of all forms of domestic violence are at risk for other complications which eventually lead to the need for medical care, counseling activities and other services. This violent behavior occurs in all communities and can be found in all types of relationships.

Another threat is the HIV/AIDS which has risks for individuals including physical injury or death, complications of pregnancy and childbirth but can also result in depression, anxiety disorders, substance abuse and social isolation. People who are experiencing this life threatening condition would need medical care as well as counselors available to visit with and see individual functioning. These individuals are physically affected and become to lose family members or friends. They become to lose housing, withdrawal of financial support, isolation and withdraw from access to health care or medications.

My recommendation to approach these individuals of domestic violence or HIV/AIDS must have access to receive extendable counseling opportunities. Counselors must access and see how these individuals feel about their lives; simply asking questions like.

1. Do you ever feel unsafe at home?
2. Are you in a relationship or have ever been felt physically threatened?
3. Have you ever felt harming your partner or someone?

I think these questions should be used to further assess the extent to which the individual may be subjected to domestic abuse or HIV/AIDS. When an individual informs the provider of a concern, provider support of the individual's decision to discuss their issues is important. There are many ways that providers can express support and concern.

1. Is that really I believe you.
2. I ask these questions because I am concerned about your safety.
3. Never you are alone I am here to help you gain security.

In conclusion, the study of the counseling profession must have strengths, opportunities, and threats emphasize the importance of the profession's contribution that offers equality in a free society. My recommendation for the future growth is the facts that the counseling professionals must be well organized to focus on promoting the professional development of individuals who need assistance in their lives. The threats I see is the neglect of multicultural concerns or never give contributions to individual development and social equality. The function or the benefits of the counseling profession is for the counselors to work together to facilitate choices and decisions in client life roles. Very importantly, the counselors are there to teach or provide practice counseling to clients both to be pleased and make decisions in their lives' changeover.

Reference

Savakis, M. L. (sept, 2003). Advancing the career counseling profession: objectives and strategies for the next decade.